



# Inspire. Teach. Grow.

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# **PEER MODELS NEEDED!**

Do you have a social child who seems to make friends easily? Does he or she display positive and age-appropriate social skills?

> If so, your child could be a peer role model! Call 800-773-1682 Today



# **CLINIC LOCATIONS**



## **ABOUT US**

Skill Sprout provides premiere educational and therapeutic services for children and young adults ages birth to 25 years of age. We strive to provide an exceptional experience that centers on both progressive best practices and an individualized, family-centered plan of care.

We have excellent outcomes and demonstrate this on a daily basis with our learners. Highly trained and specialized staff who use research-based principles of instruction allow us to have excellent outcomes with our learners.

## **SERVICES WE OFFER:**

- Academic Tutoring
- Applied Behavior Analysis Services
- 🍟 Autism Diagnostic Clinic
- 👸 Developmental Services
- Early Intervention Services
- Functional Behavioral Assessment and Behavior Intervention plans
- Home School Services
- Vi Individual and Family Counseling
- 👸 Occupational Therapy
- 🍟 Parent Services
- Parent Training and Support Groups
- 谢 Pre-Kindergarten Readiness

- Robotics Programs
- 🎽 Social Skills Treatment
- 🎽 Speech & Language Therapy

# LOCATIONS

Skill Sprout currently has four clinic locations in central Illinois. We also provide home-based services throughout the states of Illinois and Texas.



WASHINGTON, IL 128 Washington Square Washington, IL 61571



PEORIA, IL 8500 N. Knoxville Avenue Peoria, IL 61615



**SPRINGFIELD, IL** 2035 West Iles, Suite C Springfield, IL 62704



NORMAL, IL 706 Oglesby, Suite 200 Normal, IL 61761

# (800) 773-1682

www.SkillSprout.com



email: info@skillsprout.com

# **BIRTH TO 3 YEARS**





Parents and providers who have concerns about a child's social and communication development can refer to Skill Sprout's Autism Diagnostic Clinic. Our experienced multi-disciplinary team provides a comprehensive evaluation examining all areas of functioning related to Autism Spectrum Disorders, including administration of the ADOS, the gold standard of Autism diagnostic tools. The team, consisting of a clinical neuropsychologist, clinical professional counselor, speech and

language pathologist, and occupational therapist; is highly skilled in assessment and differential diagnosis to ensure an accurate medical diagnosis. Diagnostic results are provided to parents the day of clinic, along with recommendations and referrals.

## **EARLY INTERVENTION SERVICES**

Skill Sprout is an approved Early Intervention Provider and offers birth to three in home and in clinic services to counties surrounding Peoria, Springfield, Washington, and Normal. Early Intervention services are family centered and aimed at improving your family's quality of life!

## **OCCUPATIONAL THERAPY**

Occupational therapy focuses on developing your child's participation in home routines, and early self care and coping skills. Occupational therapists can help to address everything from sleep patterns in infants, to reducing tantrum behavior or developing toileting skills.

#### **SPEECH THERAPY**

Speech therapists will help your infant or young child develop feeding skills, understand language and home routines, and skills for expressing themselves appropriately.

DID YOU KNOW? Evaluations for children ages birth to age three are FREE through the Early Intervention

**Program!** 

#### **DEVELOPMENTAL THERAPY**

Developmental therapists are available to support your child's overall developmental progress, help to implement therapeutic strategies in the home, and help to address problematic behavior.



# FREE DEVELOPMENTAL SCREENERS

Our developmental screeners are designed to identify infants and children who have developmental delays.

Call (800) 773-1682 today to schedule a FREE Developmental Screening.

All of the above Services are available at all locations by appointment. Call (800) 773-1682 to make an appointment today.

# **PRE-KINDERGARTEN**





## **PRE-KINDERGARTEN ACADEMY**

Assist your pre-schooler in developing a solid foundation for those early elementary school years by enrolling in our Pre-K Readiness Program. Targeted skills will focus on development in core academic areas that will ensure a successful kindergarten year and beyond. This program focuses on the following skill areas: letter, number and sound identification, classroom behavior, shape and color identification, simple addition and subtraction, calendar and seasons.



#### POTTY TRAINING 101

Ready to get rid of those diapers? Skill Sprout offers a research-based potty training program for families whose priority is independent toileting. Skill Sprout's intensive potty training program assists families in efficiently developing independent toileting skills. Our potty training team will work with your family to create written protocol, which will be carried out over the course of 1-5 days in your home throughout the week and will attend two in-home follow up sessions to ensure potty training success!

DID YOU KNOW? Most children are physically and emotionally ready for potty training between 22 and 30 months.



#### **SOCIAL SKILLS THERAPY - PLAYFUL PALS**

We want to help your child with special needs develop play skills and friendships! Our social skills program pairs your child with 1-3 volunteer peer role models to provide an engaging, fun, and natural environment. Peer volunteers reinforce social concepts by modeling age-appropriate social skills and providing direct opportunities to practice targeted skills. Social activities may include turn-taking, imaginative play, and crafts!



#### SOCIAL SKILLS THERAPY - PLAY TIME GROUP

Our play time group assists your child in age appropriate play skills. Each group is comprised of up to 5 target learners, ages 3-5 and a group facilitator. The group facilitator provides direct instruction on various social play skills and creates opportunities for the target learners to practice these skills within a safe, play-orientated environment. Treatment goals will be established for the entire group based on the needs of target learners. Each group is scheduled for 1 hour in duration and is organized into various activities, including turn-taking, pretend and cooperative play, and instructional games.

Class	Location	Day(s)	Time	Fee
Pre-Kindergarten Academy	All Locations	Tues.,Wed. & Thurs. Enroll Now	9:00 - 11:30am 12:00 - 2:30pm	\$60 - 2 days/week \$85 - 3 days/week \$125/mo.
		Saturdays Enroll Now	9:00 - 11:00am	\$75/mo.
Potty Training 101	All Locations	By Appointment	By Appointment	\$150
Social Skills Therapy Playful Pals	All Locations	By Appointment	By Appointment	Billable to Health Insurance*
Social Skills Therapy Play Time Group	All Locations	By Appointment	By Appointment	\$50/session

# **PRE-KINDERGARTEN**





## **MUSIC THERAPY**

Music therapy group is an effective and enjoyable way to capture the attention and interest of children. It is an interactive process that promotes communication, social skills, and learning. While interacting with peers and building relationships, children will participate in music making experiences including, but not limited to, movement, song writing, interactive instrument and ensemble play, and relaxation strategies. The group will focus on each child's strengths in these areas, as well as target each individual's needs.

DID YOU KNOW? By 24 months, a child can say 50 words, ask I-2 word questions, and ask for foods by name.



#### **LUNCH & LEARN**

Children ages 3-6 with sensory related feeding aversion, or "picky eating" tendencies, should join the lunch and learn group. Participants will learn appropriate mealtime behavior, effective ways to make food choices, and explore a variety of new tastes and textures that will promote a wider variety of accepted foods. This group will be led by Occupational and Speech therapy staff, and will use a combination of strategies individualized to each child's specific needs, including Food Chaining<sup>™</sup>, Food education approach, and the SOS protocol<sup>™</sup>.

Class	Location	Day(s)	Time	Fee
Music Therapy	Normal	Tuesday April 16 - May 21	Session 1: 10:00am - 10:30am Session 2: 10:45am - 11:15am	\$20/session
Lunch & Learn	All Locations	Will vary based on location Offered throughout 2013 Call for times.	Will vary based on location Offered throughout 2013 Call for times.	\$20/session

# **PEER MODELS NEEDED!**

Do you have a social child who seems to make friends easily?

Does he or she display positive and age-appropriate social skills?

If so, your child could be a peer role model! Call 800-773-1682 Today





## **CATCH UP & GET AHEAD READING PROGRAM**

Skill Sprout understands that a struggling reader can have learning difficulties in all academic areas. We pinpoint specific deficits in your child's reading and develop customized learning plans that allow your child to become a successful and confident reader. This program is designed for the child who struggled to complete his/her last year of school and needs improvement in all core areas in regards to Reading, which includes phonics, phonemic awareness, reading comprehension, vocabulary and fluency.

#### **DID YOU KNOW?**

7 out of 8 students with reading problems in 1st grade continue to struggle with reading in 9th grade.They get better but never catch up.



#### **BOOST WRITING PROGRAM**

Skill Sprout will develop, in each student, the writing skills needed for a lifetime of success. These skills will enable each student to progress from writing in complete sentences, to utilizing the five steps of the writing process, and finally, to developing an essay. This program is designed for the child who struggled to complete his/her last year of school and needs improvement in all core areas in regards to Writing, which includes handwriting, sentence structure, grammar, composition and the five steps of writing.



#### **IGNITE MATH PROGRAM**

Skill Sprout understands the importance of learning math facts early. Our custom learning plan focuses on individual skills needed to take on math with confidence, eliminate stress, and improve your child's performance in the classroom. This program is designed for students who are proficient in all core areas and just want to be challenged with advanced grade level Math material, which includes fluency based Math skills, higher level Math concepts and probability and statistics.

# **DID YOU KNOW?**

8 out of 10 students who struggle with Math fluency at a early age continue to struggle with a negative impact in other subjects.

Class	Grade	Location	Day(s)	Time	Fee
Catch Up & Get Ahead	K - 2	K - 2   All   ocations   Monday Wednesday Friday		9:00am - 10:15am 1:45pm - 3:00pm	
Reading Program	3 - 4	All Locations	Monday, Wednesday, Friday 10:15am - 11:30am 3:00pm - 4:15pm		\$33 - Iday/week
Root Writing Program	K - 2	All Locations	Tuesday, Thursday	9:00am - 10:15am 1:45pm - 3:00pm	\$60 - 2 days/week \$85 - 3 days/week \$125 - 5 days/week
Boost Writing Program	3 - 4	All Locations	Tuesday, Thursday	10:15am - 11:30am 3:00pm - 4:15pm	Open Enrollment Enroll Now!
Ignite Math Program	K - 2	All Locations	Monday, Wednesday, Friday	9:00am - 10:15am 1:45pm - 3:00pm	
	3 - 4	All Locations	Monday, Wednesday, Friday	10:15am - 11:30am 3:00pm - 4:15pm	

# ELEMENTARY – K - 4th Grade





## I CAN WRITE: HANDWRITING PROGRAM

Elementary students have been found to compose more and write faster by hand than when keyboarding. We use the Handwriting Without Tears<sup>™</sup> curriculum combined with positioning support and other strategies to help children excel with this skill. Students will master the fine motor control and body awareness they need to master efficient and accurate printing skills. This group will be led by an occupational therapy staff member.



# ROBOTICS CAMP, JUNIOR LEGO LEAGUE™

Calling all future engineers! This program is focused on building an interest in science and engineering in

children ages 4-7. Junior FIRST LEGO League™ (Jr. FLL) is a hands-on experience designed to capture young children's curiosity and direct it toward discovering the possibilities of improving the world around them. Children will learn to: design, build, test and program robots, using LEGO MIND STORMS technology, learn critical thinking, team-building, presentation skills, apply real-world math and science concepts and participate in tournaments and celebrations.



#### DID YOU KNOW? Science is everywhere, and understanding how it's a part of our daily lives can help give kids a great foundation for success in life



#### **ATTENTION TRAINING CAMP - NEW!**

Skill Sprout's Attention training camp focuses on improving your child's working memory by building attention, improving his or her duration of time on task, improvement of retention of information and fluency in executive functioning tasks through fun, social, activities and tasks. Help prepare your child for his or her school year with improved attention by attending our 2-week long Attention Training Camp.

Class	Location	Day(s)	Time	Fee
I Can Write Handwriting	All Locations	Will vary based on location Offered throughout 2013 Recurring 8-week Groups	Will vary based on location Offered throughout 2013 Call for times.	\$20/session
Robotics Camp, Jr. Lego League™	All Locations	Session I June 10 - 21 Monday - Friday	9:00am - 12:00pm	\$200 Enroll Now
	All Locations	Session 2 June 24 - July 12 Monday - Friday	9:00am - 12:00pm	\$200 Enroll Now
Attention Training Camp	All Locations	Monday - Friday July 22 - August 2	9:00am - 11:00am	\$150



# **PEER ROLE MODELS NEEDED!**

Do you have a social child who seems to make friends easily? Does he or she display positive and age-appropriate social skills?

> If so, your child could be a peer role model! Call 800-773-1682 Today





# **GROWING IN THE GARDEN**

Through planting and maintaining our Skill Sprout Garden, participants will practice multiple skills including motor planning, sequencing, and turn taking. Participants will be exposed to a variety of textures, temperatures, smells, and sights. This program has been specially designed for children with sensory or motor related issues between the ages of 5 and 10. They will follow instructions in small groups or pairs on the daily tasks associated with maintaining a garden.



#### THE ALERT SENSORY PROGRAM - NEW!

The Alert Program is a widely used curriculum with fun activities designed to help kids learn how to identify and modify their state of alertness using the analogy of a car engine. The program walks through each sensory system, with useful graphics, checklists, and personal discovery activities geared towards helping children learn strategies that will help them attend and learn. Children ages 7-12 will learn what kinds of sensory based activities help them to get in a calm alert state and ready to learn. This program runs for 8 weeks and will be led by occupational therapy staff.



## SOCIAL SKILLS THERAPY – FUN FRIENDS

We want to help your child with special needs develop play skills and friendships! Our social skills program pairs your child with 1-3 volunteer peer role models to provide an engaging, fun, and natural environment. Peer volunteers reinforce social concepts by modeling age-appropriate social skills and providing direct opportunities to practice targeted skills. Social activities often include imaginative play, crafts, conversational games, and cooperative play!



#### COUNSELING SERVICES

We can provide individual and family counseling to children on the Autism Spectrum and to others with a wide variety of mental health diagnoses, such as Anxiety or Depression. Therapy sessions, with a master's level mental health professional, can be conducted with the individual child, the entire family, or solely with parents and/or siblings, depending on your family's needs and priorities.

Service	Location	Day(s)	Time	Fee
Growing In The Garden	Normal Peoria	Monday June 3 - July 22	9:00am - 10:00am	\$8 <i>5</i>
Alert Sensory Program	Normal	Monday	10:30am - 11:30am	Enroll Now! Billable to
	Washington	Friday	I I:00am - 12:00-рт	Health Insurance*
Social Skills Therapy Fun Friends	All Locations	By Appointment	By Appointment	Enroll Now! Billable to Health Insurance*
Counseling Services	All Locations	By Appointment	By Appointment	Enroll Now! Billable to Health Insurance*

# JUNIOR HIGH – 5th - 8th Grade





# VIDEO GAME DESIGN CAMP – (Ages 9 and up) - NEW!

Video games are on your child's agenda this summer. This form of entertainment is here to stay – why not channel your child's love for all things digital into something productive and educational? Using the Kodu Game Lab from Microsoft, your child will learn creativity, problem solving, storytelling, as well as the basics of programming. Children will learn: conditions & sequences, which teaches cause & effect, learn about cooperation, logic, creativity in addition to programming.

## **ROBOTICS CAMP, FIRST LEGO LEAGUE™** (Ages 8-14)

This program introduces junior high students to real-world engineering challenges by building LEGO-based robots to complete tasks on a thematic playing surface. Your child will learn critical thinking, team-building, and presentation skills, along with applying real-world math and science concepts. Children will learn: design, build, test and program robots

using LEGO MIND STORMS technology and critical thinking, team-building and presentation skills.



DID YOU KNOW? Science education feeds curiosity and provides students with valuable concepts, life skills, and career options.



# **STOP BULLYING NOW! GIRLS GROUP - NEW!**

Does your daughter complain of being teased by peers? Is she withdrawing from social outings due to low self-esteem? We want to boost her social confidence and stand up to bullying! This

group consists of 3 or more participants who will learn and practice effective ways to prevent and respond to bullies They will also build healthy peer relationships, share their personal stories, and experience positive social interactions with other members in a safe environment.





## GET FIT GIRL! WELLNESS GROUP - NEW!

Do you have a girl struggling with self esteem, weight issues, or getting off on the right foot with healthy lifestyle choices? This group is designed to teach pre-teen and teenage girls the skills they need to live confident,

healthy lives. Instruction will focus on healthy eating, general wellness topics, exercise, and other topics that promote well-being, such as safety and stress relief. Continued periodic monitoring is available for those interested.

Class	Location	Day(s)	Time	Fee
Video Game Design Camp	All Locations	July 15 - August 2 Monday - Friday	9:00am - 12:00pm or 1:00pm - 4:00pm	\$325 Enroll Now
Robotics Camp, FIRST Lego League™	All Locations	Session I (June 10 - 21) Monday - Friday	I:00pm - 4:00pm	\$200 Enroll Now
	All Locations	Session 2 (June 24 - July 12) Monday - Friday	I:00pm - 4:00pm	\$200 Enroll Now
Stop Bullying Now! Girls Group	Normal	Monday	2:30рт - 3:30рт	June 17 - July 26 \$125
	Peoria	Tuesday	2:00рт - 3:00рт	
	Springfield	Wednesday	4:00рт - 5:00рт	
	Washington	Friday	2:00рт - 3:00рт	
Get Fit Girl! Wellness Group	Normal	Monday	1:30рт - 2:30рт	June 17 - July 26 \$125
	Peoria	Tuesday	1:00рт - 2:00рт	
	Washington	Friday	I:00pm - 2:00pm	





# **CATCH UP & GET AHEAD READING PROGRAM**

Skill Sprout understands that a struggling reader can have learning difficulties in all academic areas. We pinpoint specific deficits in your child's reading and develop customized learning plans that allow your child to become a successful and confident reader. This program is designed for the child who struggled to complete his/her last year of school and needs improvement in all core areas in regards to Reading, which includes fluency, vocabulary, word knowledge, literature appreciation and reading comprehension.



## **BOOST WRITING PROGRAM**

Skill Sprout will develop, in each student, the writing skills needed for a lifetime of success. These skills will enable each student to progress from writing in complete sentences, to utilizing the five steps of the writing process, and finally, to developing an essay. This program is designed for the child who struggled to complete his/her last year of school and needs improvement in all core areas in regards to Writing, which includes composition technique, refining topic sentences, using specific detail, appropriate transitions and types of writing.



#### **IGNITE MATH PROGRAM**

Skill Sprout understands the importance of learning math facts early. Our custom learning plan focuses on individual skills needed to take on math with confidence, eliminate stress, and improve your child's performance in the classroom. This program is designed for students who are proficient in all core areas and just want to be challenged with advanced grade level Math material, which includes area, perimeter, volume, measurement, Algebra, Geometry, probability and statistics.



#### **SOCIAL SKILLS THERAPY – FRIENDSHIP CONNECTIONS**

We want to help your son or daughter with special needs develop friendships and understand social rules. Our social skills program pairs your child with 1-3 volunteer peer role models to provide an engaging, positive, and natural environment. Peer volunteers reinforce social concepts by modeling age-appropriate social skills and providing direct opportunities to practice targeted skills. Social activities often include conversational games, cooperative play, group work, and role-play scenarios!



## **COUNSELING SERVICES**

We can provide individual and family counseling to children on the Autism Spectrum and to others with a wide variety of mental health diagnoses, such as Anxiety or Depression. Therapy sessions, with a master's level mental health professional, can be conducted with the individual child, the entire family, or solely with parents and/or siblings, depending on your family's needs and priorities.

Class	Grade	Location	Day(s)	Time	Fee
Catch Up & Get Ahead Reading Program	5	All Locations	Monday, Wednesday, Friday	10:15am - 11:30am 3:00pm - 4:15pm	\$33 - day/week
Ignite Math Program	6 - 8	All Locations	Monday, Wednesday, Friday	12:00рт - 1:15рт 4:15рт - 5:30рт	\$60 - 2 days/week \$85 - 3 days/week \$125 - 5 days/week
	5	All Locations	Tuesday, Thursday	10:15am - 11:30am 3:00pm - 4:15pm	Open Enrollment
Boost Writing Program	6 - 8	All Locations	Tuesday, Thursday	12:00рт - 1:15рт 4:15рт - 5:30рт	Enroll Now!
Social Skills Therapy Counseling Services	ALL	All Locations	By Appointment	By Appointment	Billable to Health Insurance*

# **HIGH SCHOOL**





# SOCIAL SKILLS THERAPY – TEEN CONNECTIONS GROUP

Assist your teenager in building relationships and developing age appropriate social skills. Our Teen Group is comprised of 3-5 target learners and a group facilitator. The group facilitator provides direct instruction on social topics in adolescence and creates opportunities for the target learners to practice these skills within a safe, therapeutic environment. Treatment goals will be established for the entire group based on the individual needs of the target learners, although focus will be on common social issues during adolescence. Each group is scheduled for approximately one hour and is structured to include instructional learning time on social topics and natural group interactions.

# SOCIAL SKILLS THERAPY – POSITIVE PEERS

We want to help your teenager with special needs understand social rules and boundaries, develop friendships, and actively participate in the community! Our social skills program pairs your adolescent child with 1-3 volunteer peer role models to provide an engaging and natural therapeutic environment. Peer volunteers reinforce social concepts by modeling age-appropriate social skills and providing direct opportunities to practice targeted skills. In-session social activities are often conversational in nature, require perspective-taking and compromise, and help prepare your teenager for real world social experiences through role-playing scenarios.



## LIFE SKILLS BOOT CAMP FOR ADOLESCENTS

As parents, we want to see our older children learn to succeed as adults. Enroll your teenager now and ward off "failure to launch"! Life Skills Boot Camp for Adolescents is a 2-week program designed to boost your child's independence in self-care skills and higher level activities of daily living. The class will be led by occupational therapy staff. The curriculum will be an intense focus on the key areas of function that are critical for adolescents to master as they move into adulthood, including: simple meal preparation, grocery shopping, cleaning, following an alarm and setting reminders, safety awareness, leisure skill development, self-care, and healthy living. The topics will be presented in a fun, engaging group atmosphere with elements of specific instruction and activities designed to apply the information. Pre-enrollment screening may be required.



## **COUNSELING SERVICES**

Skill Sprout is excited to offer your family quality professional counseling services! We can provide individual and family counseling to children on the Autism Spectrum and to others with a wide variety of mental health diagnoses, such as Anxiety or Depression. Therapy sessions, with a master's level mental health professional, can be conducted with the individual child, the entire family, or solely with parents and/or siblings, depending on your family's needs and priorities.

Class	Location	Day(s)	Time	Fee
Teen Connections Group				
Social Skills Therapy - Positive Peers	All Locations	By Appointment	By Appointment	Billable to Health Insurance*
Counseling Services				
Life Skills Boot Camp	Normal	August 5 - August 16	9:30am - 11:30am	\$175

# PARENT SERVICES





#### PARENT TRAINING AND SUPPORTS

Sometimes what you really need is someone that truly understands what you are going through! Our parent training and support groups are facilitated by trained professionals and are often tailored to meet the needs of each group's participants. Groups focus on a variety of topics, from child behavior management tips to improving your own personal wellness and self-care. Trainings are offered at each of our clinic locations; self-pay and private insurance options are available. Call to find out what is offered in your area today!

#### **DID YOU KNOW?**

Based on Psychological research, in parent care: wellness recovery action plan (WRAP) group, participants reported significantly greater reduction in depression and anxiety symptoms and reported greater self awareness and recovery knowledge.



#### **COUNSELING SERVICES**

Skill Sprout is excited to offer your family quality professional counseling services! We can provide individual and family counseling to children on the Autism Spectrum and to others with a wide variety of mental health diagnoses, such as Anxiety or Depression. Therapy sessions, with a master's level mental health professional, can be conducted with the individual child, the entire family, or solely with parents and/or siblings, depending on your family's needs and priorities.

Parent Service	Location	Day(s)	Time	Fee
Dealing with Sensory Processing Problems (Includes Make It/Take It Activity)	Washington	Monday 7/5	I:00pm - 2:00pm	\$15/session for self-pay parents; full payment required by date of service These training sessions are FREE for parents who have a child currently enrolled in Jumpstart or Accelerate Summer Programs
	Peoria	Wednesday 6/19		
	Normal	Wednesday 7/24		
	Springfield	Monday 6/14		
	Washington	Monday 6/7		
Decreasing Problematic	Peoria	Wednesday 7/17		
Behaviors	Normal	Wednesday 7/10		
	Springfield	Monday 6/28		
	Washington	Monday 7/19		
Setting up a Language	Peoria	Wednesday 6/5		
Rich Environment	Normal	Wednesday 6/26		
	Springfield	Monday 7/12		
	Washington	Monday 6/21		
Using Visual Aids at Home	Peoria	Wednesday 7/3		
at Home (Includes Make It/Take It Activity)	Normal	Wednesday 6/12		
、	Springfield	Monday 7/26		
Parent Support Group: Parent Care	Peoria	Thursday Session 1: June 6 - July 25 Session 2: August 15 - October 3	6:00pm - 8:00pm	\$20/session for self pay participants; must enroll for entire course Full payment required by first date of service
Counseling Services	All Locations	By Appointment	By Appointment	Billable to Health Insurance*

PARENT SERVICES

# THERAPEUTIC SERVICES





## **SPEECH THERAPY**

Speech Language Pathologists focus treatment on issues related to understanding and using language and other communication skills. They also address any oral motor impairment your child might have that impacts the ability to eat or speak. Speech therapy services are delivered by experienced speech language pathologists individually, in groups, or in consultation with other members of your child's therapy team. Our speech therapists are also skilled at using technology for augmentative communication, essential for those who need tools to communicate with others in the community!



#### **OCCUPATIONAL THERAPY**

Occupational therapy services focus on developing your child's independence with self care, fine motor tasks, and coping skills that impact daily function and your family's quality of life! Occupational therapy services can be delivered individually, in groups or in the form of consultation with other professionals on your child's therapy team. Our occupational therapists address skills from dressing and toileting, to simple meal preparation and taking public transportation.

## **AUTISM SERVICES**



#### AUTISM DIAGNOSTIC CLINIC

Parents and providers who have concerns about a child's social and communication development can refer to Skill Sprout's Autism Diagnostic Clinic. Our experienced multi-disciplinary team provides a comprehensive evaluation examining all areas of functioning related to Autism Spectrum Disorders, including administration of the ADOS, the

gold standard of Autism diagnostic tools. The team, consisting of a clinical neuropsychologist, clinical professional counselor, speech and language pathologist, and occupational therapist; is highly skilled in assessment and differential diagnosis to ensure an accurate medical diagnosis.

DID YOU KNOW? Autism now affects I in 50 children. Autism is the fastest growing serious developmental disability in the U.S.



#### **APPLIED BEHAVIOR ANALYSIS THERAPY**

Skill Sprout provides in-home services to children with Autism Spectrum Disorders using principles of Applied Behavior Analysis. As an evidence-based intervention for children with Autism Spectrum Disorders, Skill Sprout staff are able to utilize research-based technologies that maximize the child's learning, increasing skill acquisition rates and effectively decreasing problem behaviors.

# **FREE AUTISM SCREENERS**



Skill Sprout offers FREE screenings for Autism. By using a research-based tools, we will determine your child's risk for Autism Spectrum Disorder.

Call (800) 773-1682 today to schedule a FREE Autism Screening.

All of the above Services are available at all locations by appointment. Call (800) 773-1682 to make an appointment today.

# **DEVELOPMENTAL SERVICES**





# **BEHAVIORAL CONSULTATION & TRAINING**

Skill Sprout offers Behavioral Consultation and Training to schools and social services agencies to assist in building internal capacity for staff to conduct effective Functional Behavioral Assessments, Develop Behavioral Intervention Plans to decrease problem behaviors, Develop Individualized

Discrete Trial Programs, shape new behaviores, develop effective visual strategies, and other effective behavioral interventions. Our Behavioral Consultation and Training services develop your agencies ability to utilize evidence-based intervention strategies to assist in decreasing problem behavior and maximizing learning in the children you serve. Call today for more information on these services! These plans are completed by highly qualified board certified behavior analysts. These processes uncover the causes of behaviors and recommends effective treatment plans.



## JUMPSTART THERAPY

For children with Autism Spectrum Disorders who are working on basic functional skills, such as self-care, communication, attention, and coping skills. This program provides a team of therapists working together to boost your child's learning and master age appropriate skills during an 8-week therapy program. Participants will receive 15 hours per week of intensive individualized therapy. May consist of the following therapies: ABA therapy, social skills treatment, occupational therapy, speech and language therapy and parent trainings.



## **ACCELERATE THERAPY**

For children with Autism Spectrum Disorders, this program focuses on helping your child consistently perform skills in natural environments, such as home or school settings. A team of therapists will work together to accelerate your child's learning, generalizing functional skills into his or her daily routines and natural environment. Participants will receive 15 hours per week of intensive therapy in a combination of individualized and small group settings with typical peers focusing on group learning and social skills objectives. May consist of the following therapies: ABA therapy, social skills treatment, occupational therapy, speech & language therapy and parent trainings.



**SOCIAL SKILLS – TRAINING** Help your child in develop relationships and build age appropriate social skills. Comprised of one targeted learner, one or two typically developing peer models, and a group facilitator. The trained peer model provides direct social interaction with the target learner, helping to model age-appropriate social skills and facilitate individualized treatment goals. Each group is scheduled for 1.25 hours and is organized into various activities individualized to client needs, including craft activities, cooperative and pretend play, conversational games, and/or instructional learning time.

All of the above Services are available at all locations by appointment. Call (800) 773-1682 to make an appointment today.



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